

Prayer Summary



"Seek first the kingdom of God and his righteousness, and all these things will be added to you."

Matthew 6:33

Heavenly Father,

I love you and
worship you
because you are:

I'm sorry for:

Thank you for:

Please:

In Jesus name,
Amen

Spotlight on Prayer 8: *The ACTS Acronym* (Condensed Version)

PRAYER SUMMARY (Scripture: Matthew 6:33)

Objectives: To explain that: *The acronym ACTS helps us remember four different types of prayer: Adoration, Confession, Thanksgiving and Supplication. *As we pray and focus on God and do his will, he will provide the other things we need.

"I Wonder" Questions: (*Point to prayer poster - pg. 1*) *What do you see in this picture? *I wonder what the children are praying for. *I wonder what can help us remember how to pray. Let's find out more in our lesson....

Lesson Props: Cover the four meanings on ACTS poster (pg. 3) with post-it notes. More post-it notes for writing prayer requests.

Lesson Summary: Let's start by remembering some things we have learned about prayer. **Who** are we talking with when we pray? (*God*) **How often** can we talk with God? (*Anytime*) **Where** can we talk with God? (*Anywhere*) Are there different types of prayer? (*Thanksgiving, asking for things, worship, confession, silent prayer etc.*) This year we have learned four big words that describe different types of prayer, and in this lesson, we are going to learn a special way to help us remember them. (*Switch to ACTS poster – pg 3*) The four words are: Adoration, Confession, Thanksgiving and Supplication. **1.** Who remembers what **Adoration** means? (*Response*) Yes, Adoration is another word for worship. When we worship God, we adore him for who he is. (*Uncover meaning*) We are saying to God: "I love you and worship you." What are some things that are true about God that we can worship him for? (*Creator, Almighty, Eternal, Holy, Love etc.*) We can say to God something like: I love you and worship you because you are my Creator. **2.** What does **Confession** mean? (*Response*) Confession means telling God about our sin and asking his forgiveness. (*Uncover meaning*) When we confess our sins to God we are saying "I'm sorry" to God. We ask his forgiveness for the wrong things we have thought, said, or done. Because Jesus died and rose again to pay for our sin, we can know for sure that God forgives us when we ask him. **3.** What does **Thanksgiving** mean? (*Response*) (*Uncover meaning*) Thanksgiving means saying "thank you" to God for all the good things he gives us. How wonderful and important it is to thank God for all his blessings! (*Teacher prays... thank you Lord for this day...our health...and each other.*) **4.** What does **Supplication** mean? (*Response*) Supplication means to ask God for something for ourselves or for others. (*Uncover meaning*) When we ask God for something, we say "please" to God. (*Cover up the words so just the acronym is showing*) If you look at the first letter of each of these words and read them from top to bottom you can see that it makes another word. Who can read this word? Yes, the word is ACTS. ACTS is an acronym (that is a word that is made up of the first letter of other words). If we can remember the word ACTS, that will help us remember these four different types of prayer. Who can tell us these 4 types of prayer and what they mean? (*Uncover each word and meaning as it is mentioned*) (*Switch to prayer poster – pg 1*) Now, let's take some time to pray to our Heavenly Father. I have a poster here with each of the four types of prayer. Let's think of one thing to pray for in each of these categories. (*Let children suggest one thing for each category. Write them on post-it notes and place on prayer poster to make complete sentences in each category. Then have the children echo the whole prayer.*) Let's finish our lesson by reading the memory verse: (*Children echo verse on poster*) When we pray, we seek the kingdom of God, and spend time with God, which is the most important thing. As we pray and do God's will, he will provide the other things we need, such as food and clothing. **Optional:** Sing "Seek ye first the Kingdom of God".

Suggested Questions: **What did you learn about prayer today?** (That the acronym ACTS can remind us of four types of prayer. That spending time with God is the most important thing) ***What do the letters in the acronym ACTS stand for?** (Adoration, Confession, Thanksgiving and Supplication) ***What does our memory verse teach us?** (That as we pray and focus on God and do his will, he will provide the other things we need.)

Bible Memory Verse: "Seek first the kingdom of God and his righteousness, and all these things will be added to you." (Matthew 6:33 - ESV)

TYPES OF PRAYER

Adoration - I love you and worship you

Confession - I'm sorry

Thanksgiving - Thank you

Supplication - Please

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