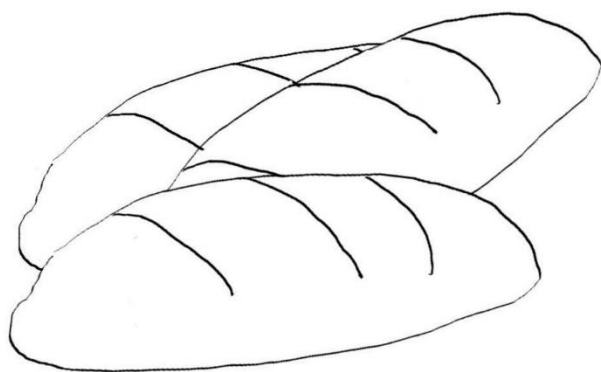


Food for the body



Food for the soul

