



## Bonus Lesson: *Breakfast on the Beach* (Condensed Version)

**Objectives:** To explain that:

- Jesus appeared to the disciples several times after the resurrection. He ate with his disciples to prove his risen body was a real, physical body.
- Jesus performed a miracle when he gave them a large catch of fish after they had caught nothing all night.
- Jesus forgave the disciples for running away and denying him. Their sorrow, shame and fear was turned to joy, hope and peace.

**Scripture reference:** John 21: 1-17

**"I Wonder":** \*What do you see in this picture? (disciples fishing, Jesus, food cooking on a fire etc.) \*Is there anything you wonder about? \* I wonder who the fishermen are. \*I wonder why Jesus has made a fire on the beach and is cooking food. Let's find out more in our story...

**Lesson Summary:** After Jesus rose from the dead, he appeared to the disciples several times. He even ate with them and allowed them to touch his nail scars to prove that his risen body was real. The disciples were now back in Galilee and some of them went fishing. They were out in their boat all night, but they didn't catch any fish. Early in the morning Jesus stood on the shore, but the disciples did not realize that it was Jesus. He called out to them, "Friends, haven't you any fish?" "No," they answered. Jesus said, "Throw your net on the right side of the boat and you will find some." When they did as Jesus said, they caught so many fish they could not pull the net into the boat! Then John said to Peter, "It is the Lord!" As soon as Peter heard this, he jumped into the water and swam to the shore. The other disciples followed in the boat, dragging the net of fish behind them. When they reached the shore, they saw a fire of burning coals there with fish on it, and some bread. Jesus said to them, "Bring some of the fish you have just caught." So Peter climbed back into the boat and dragged the net ashore. It was full of 153 large fish, but even with so many, the net was not torn. Jesus said to them, "Come and have breakfast." None of the disciples dared ask him, "Who are you?" They knew it was the Lord. Jesus took the bread and gave it to them, and did the same with the fish. Then they ate breakfast together with Jesus, as they had done so many times before he died. They believed it was the risen Jesus because they had seen and touched the nail scars on his body, and he ate with them. They believed it was Jesus because he had given them a miraculous catch of fish. Jesus had forgiven Peter and the other disciples for running away when he was arrested. He even asked Peter three times if he loved him. Peter was able to confirm three times that he loved Jesus, one for each time Peter had denied Jesus. Their sorrow, shame and fear was turned to joy, hope and peace. Jesus had died for all their sins on the cross, and now he was alive! The disciples saw and believed that Jesus truly was the Son of God, the Forever King!

**Suggested Questions: What does this story tell us about Jesus?** (He rose from the dead with a physical body. He showed his power when he performed a miracle. He forgives our sins.)

- Did Jesus appear to his disciples after he rose from the dead? (Yes, several times)
- How did the disciples know that Jesus was not just a ghost when he appeared to them after the resurrection? (He ate real food with them and allowed them to touch his nail scars to prove that his risen body was real.)
- When the disciples were fishing, what did Jesus do to prove to the disciples that he was the risen Christ? (He performed a miracle with the large catch of fish after they had caught nothing all night.)
- Did Jesus forgive the disciples for running away and denying him when he was arrested? (Yes, Jesus died for all their sins on the cross. He forgave them, and even allowed Peter to confirm three times that he loved him.)
- What does our memory verse say about those of us who believe in Jesus but haven't seen him? (It tells us that we are blessed)

**Bible Memory Verse:**

"You believe because you have seen me. Blessed are those who believe without seeing me." (John 20:29 - NLT)