

# 21



## THE LORD'S SUPPER

### The Last Supper and the Eucharist

Year 1 – THE KINGDOM STORY

#### 1 | Teacher's Notes

**Scripture** Mark 14: 12 – 26

**Objectives** To explain that

- Our lessons are all a part of a bigger story which is the story of the Forever Kingdom. This big story is found in the Bible.
- Jesus and disciples had gathered together for the Passover meal.
- Jesus knew that he would soon be crucified, and shared with the disciples a special way to remember him.
- We can receive forgiveness through Jesus' sacrifice on the cross. The once for all sacrifice that the Old Testament animal sacrifices pointed forward to.
- In the Eucharist we remember Jesus, meet with him and receive his life into us. We celebrate the Eucharist together. It reminds us that we are part of God's family.
- When the priest blesses the bread and the wine, they become the body and blood of the risen Jesus. This means that in a mysterious way he is in the bread and the wine.

**Memory Verse** This is my body...This is my blood....Do this in remembrance of me. (Luke 22:19-22 – paraphrased)

**ACNA** The following Catechism questions are linked to today's story:

**Catechism Connection** Q 30 How are the OT and the NT related to each other? ...the New Testament is to be read in light of God's revelation to Israel

Q 102 What is a sacrament? ...an outward and visible sign of an inward and spiritual grace. God gives us the sign as a means whereby we receive that grace, and as a tangible assurance that we do in fact receive it."

Q 110 Why did Christ institute the sacrament of Holy Communion? ...for the continued remembrance of the sacrifice of his atoning death and to convey the

benefits the faithful receive through that sacrifice.

Q 111 What is the outward and visible sign in Holy Communion? ...The visible sign is bread and wine, which Christ commands us to receive.

Q 112 What is the inward and spiritual thing signified? ...the body and blood of Christ...taken and received in the Lord's Supper by faith

Q 113 What benefits do you receive through partaking of this sacrament? ...I receive the strengthening and refreshing of my soul by the body and blood of Christ; and I receive the strengthening and refreshing of the love and unity I share with fellow Christians, with whom I am united in the one Body of Christ."

**Suggested  
Materials,  
Props, and  
Costumes**

**Big story props:**

- Crown - or picture of a crown
- Large Bible.

(These props relate to the bigger story of the Forever Kingdom, and will be used for every lesson. The crown will be referred to as the Kingdom Crown.)

**Lesson props:**

- Table and chairs. Jesus and all the children sit around the table as the story is told.
- Empty plate, empty glass (children can pretend there is bread on the plate and wine in the glass).
- Poster for lesson 6 – Moses & Pharaoh, to reference in this lesson
- Cue cards are encouraged if a child reads the part

**Costumes:** Jesus (with blue sash)

**Memory Verse:** This is my body...This is my blood....Do this in remembrance of me.  
(Luke 22:19-22 – paraphrased)

(Found on the last page of this lesson plan) Print out and place in large Bible.

## 2 | Lesson Outline

<b>Welcome</b>	As the children arrive ensure each one is personally welcomed and everyone knows each other's name.
<b>Greeting &amp; Collect for Purity</b>	Light the candles Say the Greeting and Collect for Purity (see Resource Section)
<b>Prayer of Confession</b>	Say the Prayer of Confession (see Resource Section) Extinguish the candles
<b>Music</b>	Books of the Bible - New Testament Also choose another song from the Resource Section
<b>Review of foundations</b>	Choose from the following as appropriate: The Lord's Prayer, The Apostles Creed, The Ten Commandments or The Greatest Commandment <b><i>For more information on how to teach these, see Resource Section</i></b>
<b>Reading</b>	Memory verse (Printed out and placed in large Bible – invite older child to read)
<b>Poster Discussion</b>	<ul style="list-style-type: none"> <li>• Discuss this week's poster.</li> <li>• Ask "I wonder questions" – these will be answered during the story.</li> </ul> <p><b><i>Poster discussion is found in Section 3 and on the back of the poster</i></b></p>
<b>Props/Costumes</b>	Take a few moments to arrange the narrator and actors. (Props should already be set up prior to the start of the class.) <b>Big story props:</b> Kingdom Crown, Large Bible
<b>Bible Story</b>	<b><i>Proceed with story and life application found in Section 4.</i></b>
<b>Related activities</b>	<b><i>After the story, proceed with related activities found in Section 5.</i></b>
<b>Preparation for Communion &amp; leaving class</b>	Gather the children together for the Preparation for Communion prayer before exiting the classroom. <b><i>See Resource Section.</i></b>

### 3 | Poster Discussion

**Poster**

(During the poster discussion, explain any difficult words in the story.)

What do you see in this poster? (Jesus, disciples, bread, cup)

Is there anything you wonder about?

I wonder why Jesus and the disciples are gathered around a table.

I wonder why Jesus is holding the bread.

I wonder what is in the cup.

Let's find out more in our story.



## 4 | Story and Life Application

**CROWN:** *Point to the crown and say: 'Today we are continuing our big story of God's Forever Kingdom.'*

**BIBLE:** *Hold up the Bible and say: 'Our story today is from the Gospel of Mark, in the New Testament. We know that it is a true story because it comes from the Bible and the Bible is God's Word.'*

**LESSON SUMMARY:** *The teacher reads the lesson summary from back of poster:*

*Today we are going to learn about a very special way that we "remember" Jesus so that we can grow to be like him, filled with his love and kindness. We will hear how Jesus and the disciples celebrated the Passover meal, the last meal before Jesus died. But first I want you to think back to the Old Testament and two important events. The first event was the Passover before the Israelites left Egypt, when the Israelites had to put the blood of a lamb on their doorposts so the oldest son would not die. The second event was when people sinned, and they had to sacrifice an animal and pray for the forgiveness of their sins. These events pointed forward in time to how Jesus came from God to be the Passover Lamb, to die for all people's sins once and for all. We no longer need an animal blood sacrifice for the forgiveness of our sins. Jesus became that perfect sacrifice. At a special Passover dinner Jesus blessed the bread and the wine. He told his disciples that the bread would be his body and the wine would be his blood, given for the forgiveness of sins. Then each disciple had a piece of bread and a sip of wine. Jesus told the disciples that this physical action was a very special way to remember him always. Now, when we eat the bread and wine in the Eucharist (also called Holy Communion or the Lord's Supper), Jesus is with us in a special way. In the Eucharist, we REMEMBER JESUS, we MEET WITH HIM, and we RECEIVE HIS LIFE into us. We celebrate the Eucharist TOGETHER. It reminds us that we are part of God's family.*

### **STORY:**

**TEACHER:** What special days does your family celebrate with a little party and some cake and maybe even candles? (Birthdays, anniversaries, etc.) Yes, these are special days when our families and friends come together to celebrate and remember (those special people or occasions.) When it's YOUR birthday, the people who love you "**remember**" you by celebrating the day that you were born.

Today we are going to talk about a very special way we "remember" Jesus, so

that we can grow to be like him, filled with his love and forgiveness.

Let's gather around this table that is spread out with a plate and a cup and learn about this special remembrance celebration that we have for Jesus when we are in church.

**ACTION:** *Gather the children around a table with empty vessels. Have the poster of the Passover/Exodus at hand.*

**TEACHER:** Last lesson, we recall that Jesus was telling his disciples that he was going to be killed. As the time was getting close for Jesus to die, he wanted to give the disciples a very special way to "remember" him, as he would no longer be physically with them.

Jesus and his disciples were all gathered around a table (like we are) celebrating a very important day in the past, called "the Passover."

**TEACHER:** Remember the Old Testament story about the Passover?

**ACTION:** *Ask a child to bring the Moses/Pharaoh poster that you have on hand.*

**TEACHER:** Yes, this poster reminds us of the time when the Israelites were leaving Egypt. They had to put the blood of a lamb on their doorposts so that God's judgement of death would pass over them, and they would be safe. After this, Pharaoh let the Israelites leave Egypt. Since that time, each year, the Israelites (or Jews) celebrate Passover with a special meal. The Israelites would do this to "remember" the deliverance from "death" and "being free from slavery in Egypt."

Well, the disciples were all gathered around a table and eating the Passover meal. Then Jesus took some bread, and after blessing it, broke the bread into pieces, and gave it to the disciples.

**ACTION:** *Jesus "pretends" to break bread and give it to the disciples.*

**JESUS:** "This is my body, which is given for you."

**ACTION:** *The disciples "pretend" to eat the bread. (Do not have real bread or food for the children.)*

**TEACHER:** Jesus said,

**JESUS:** "When you do this in the future, 'remember me'."

**TEACHER:** Then Jesus took a cup of wine. He thanked God for it and gave it to the disciples saying,

**ACTION:** *Have Jesus "pretend" to take a cup of wine. Lift it up to heaven, as if praying to God.*

**JESUS:** "This is my blood, which is poured out for you."

**ACTION:** *The disciples "pretend" to take a drink out of the glass and pass it onto the next person. (Do not have juice or wine for the children.)*

**TEACHER:** Jesus said,

**JESUS:** "When you do this in the future, 'remember me'."

**TEACHER:** Jesus was telling his disciples TWO very important messages.

The first important message was: Jesus himself, his body and his blood, would be the perfect sacrifice for sin.

Until Jesus died on the cross, when the people sinned, in order to ask God to forgive them, they had to sacrifice animals (called blood sacrifices).

Now, Jesus would be crucified and would be the perfect "sacrifice" once and for all for the sins of the people. When people sinned, they would no longer have to sacrifice animals. Instead, they could pray and ask God to forgive them. God would hear their prayers, remember the perfect sacrifice that Jesus made on the cross when he shed his blood, and God would forgive the people's sins.

Does this still apply? Can we just pray and ask God to forgive us our sins because Jesus died on the cross for us? *(Reply: yes)*

**TEACHER:** The second important message was: Always remember Jesus' sacrifice for the forgiveness of sins.

Jesus was telling his disciples: In the future, I want you to come together, pray to God, break some bread and eat it, take a glass of wine, and take a sip of it.

This meal is called the Eucharist, Holy Communion, or the Lord's Supper and we celebrate this in our church service.

Just like Jesus told us, we come together, we pray, we ask forgiveness for our sins, we eat a piece of bread and drink a sip of wine.

**TEACHER:** There are three reasons why Jesus want us to "break bread and drink wine" together.

#1 (First) – To remember him.

#2 (Second) – To meet with Jesus in a special way. When the priest blesses the bread and the wine, they become the body and blood of the risen Jesus. This means that in a mysterious way Jesus is in the bread and the wine, and when we eat and drink, we receive his life into us.

#3 (Third)– It is something that we do TOGETHER, and it reminds us that we are part of God's family.

We come together and we celebrate the Eucharist as a church family. We REMEMBER JESUS, we MEET WITH HIM, and we RECEIVE HIS LIFE into us.

### **SUGGESTED QUESTIONS:**

- **What does this story tell us about Jesus?** (He was the perfect sacrifice, he knew the future, he forgives our sins, he wants to make sure that we will always remember his forgiveness, he wants us to be part of him, he wants us to have a family, at home *and* in the Church, which is God's family.)
- What is the connection between the lamb's blood on the doorposts (point to Moses/Pharaoh poster) and Jesus' blood on the cross when he died for US? (Jesus was the perfect Passover Lamb who died to save all people. The lamb's blood (Old Testament) pointed to Jesus' blood that would be shed and his great sacrifice.)
- Why does Jesus want us to take the special bread and wine, the Eucharist? (to remember his sacrifice, to be strengthened by receiving his life into us, to share in the unity of believers)

**Life Application (this discussion can also take place during craft/activity time):**

Next time you receive the Eucharist, or receive a blessing by the priest, remember that Jesus wants to meet with you there. Imagine that he is right there with you, because he really is, and he wants to fill you with his life and love. He wants to strengthen you in all good things. Jesus is glad that you are there with your church family remembering him and celebrating this special meal with him.



Jesus and disciples celebrating Passover

## 5 | Response Activities

### Kingdom News handout and colouring supplement

- Have the children complete the activities in the Kingdom News handout and colouring supplement.

### Optional Activities

- Different learning stations, such as: a book table, modelling clay, colouring papers.
- Look at famous art pictures such as The Last Supper



Learning station: Looking at books relating to the story

This is my body....

This is my blood....

Do this in  
remembrance of me.

(Luke 22:19-22)